



what's on at
STONNINGTON
MIDDLE YEARS AND
YOUTH SERVICES
in [**SEPTEMBER**]



TUES 1	EXPRESSIONS YOUTH CINEMA [2040 SCREENING AND Q&A] Join us for one of the most important films of the decade, 2040! This is a FREE virtual screening for young people under 25 years old. Followed by a Q&A panel of special guests. REGISTER ONLINE → Facebook or CONTACT US → youth@stonnington.vic.gov.au	AGES 14-25
WED 9 + 23	ART CLUB At 5pm. Come together, learn art skills, share your work. A space to make, create and exhibit! REGISTER ONLINE → mys.wufoo.com/forms/art-club	AGES 12-20
THU 10	LYRICS WITH A STAIN - #MUSICINISO CHALLENGE Beats, beats and more beats. Musicians, singers and rappers, prepare your vocal cords, it's time to spice up isolation with another stellar competition. The rules are simple. We are providing a beat for you by Beathedz to complete an original song over. The song you create needs to be in the theme of: WHAT YOU WOULD LIKE TO DO POST STAGE 4 LOCKDOWN? REGISTER ONLINE → https://bit.ly/2Ekmyta	AGES 12-25
THU 10	#MOVETHRUIISO Make an exercise video at HOME during isolation and upload to Instagram with the hashtag #movethruiso and #actvestonnington. In the description write: This video is for #movethruiso competition. Deadline for submissions is September 10. CHECK IT OUT → Instagram	ALL AGES
MON SEP 14 - OCT 14	C IS FOR COLOUR COMPETITION From September 14- October 14 submit your designs for the C is for Colour colouring book. Any entry will need to follow and mention @youthservices and @justanotheragency and hashtag #cisforcolour. Participants can submit as many entries as they like, using the entry criteria. CHECK IT OUT → Facebook / Instagram	AGES 12-25
FRI 5PM	LYRICS WITH A STAIN - #MUSICINISO CHALLENGE [LIVE STREAM] Join us on @youthservices Instagram to view all of the winning videos from the LYRICS WITH A STAIN #Musiciniso Challenge. JOIN US → Instagram	ALL AGES
EVERY MON	EXPRESSIONS COMMITTEE Learn from industry professionals and work together to design, plan and deliver film events throughout the year. CONTACT US → youth@stonnington.vic.gov.au	AGES 15-25
EVERY TUE + THU	LOCKDOWN DROP-INS Lockdown got you down? Or just wanting to chill out? Come and hang out with us on Zoom Tuesdays and Thursdays - you can just chill and chat, play games and ask any questions you may have of our youth workers about life, COVID restrictions, school, family, work or just to play some games and have a chat.. JOIN US ON ZOOM → https://zoom.us/j/6205967550 Meeting ID: 620 596 7550	AGES 12-25
EVERY WED	FREEZA COMMITTEE Create, organise and deliver live music gigs, dance parties, cultural events and recreational activities. CONTACT US → youth@stonnington.vic.gov.au	AGES 15-25
EVERY THU	BODY BASICS Weekly videos from Ho and our youth services team that can help you learn new ways to get yourself moving, get fit and stay fit! Episode released each Thursday. CHECK IT OUT → Facebook / Instagram / YouTube	ALL AGES
EVERY FRI	THE GOOD LIFE Every Friday Nadav and our youth services team are releasing a YouTube video with hacks and tips for living The Good Life. Living skills program for young people from healthy breakfasts to budgeting. CHECK IT OUT → Facebook / Instagram / YouTube	ALL AGES
BY APP	YOUTH WORKER SUPPORT Book a private appointment for help with ISO, going back to school, getting a job, support for your mental health or just to chat. CONTACT US → youth@stonnington.vic.gov.au or call 8290 7020	AGES 12-25