



# A VISIT TO Prahran Aquatic Centre

41 Essex St, Prahran VIC 3181

[leisure@stonnington.vic.gov.au](mailto:leisure@stonnington.vic.gov.au)

(03) 8290 7140

[www.stonnington.vic.gov.au/active/  
Swim/Prahran-Aquatic-Centre](http://www.stonnington.vic.gov.au/active/Swim/Prahran-Aquatic-Centre)

This social script has been developed for all ages.

Please focus on the information relevant to you.





I am going to the pool  
at Prahran Aquatic  
Centre.



In my swimming bag,  
I will pack:

- towel
- swimwear
- goggles

I might also pack:

- drink bottle
- swimming cap
- sunscreen
- hat
- ear plugs



I will enter the centre through sliding doors.

They will open on their own when I get close.



When I arrive, I may see people behind the front desk who work at the pool.

They are called staff.

Staff wear a blue uniform.

I can ask staff questions if I need help.



To enter the pool, I can scan my membership tag at the security gates or pay a casual entry fee.

I may have to wait a short time in line.



Staff might give me a coloured band to wear around my wrist.

They will open the gate and let me into the pool.



When I enter the pool, I might hear people talking, splashing and playing in the pool.

I might smell chemicals from the pool water. Chemicals keep the pool clean.

I might feel hot humid air from the pool heating. This makes the pool comfortable to swim in.



There are change rooms  
I can use.

I will shower before I go  
into the pool.

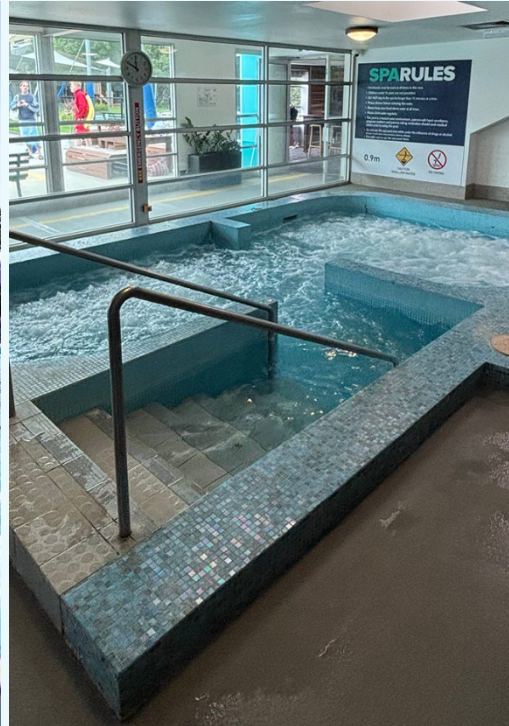
There are also toilets in  
the changerooms.

I may hear the toilet  
flushing, water running  
and hand dryers blowing.



I can keep my belongings safe in a locker.

I can ask staff to show me where the lockers are and how to use them.



There is an indoor spa and an outdoor pool.

Sometimes areas can be closed.

Signs will tell me if the area is closed.



There will be lifeguards wearing a bright yellow and red uniform.

Lifeguards help make sure that everyone is safe in the pool.

It is important to follow lifeguard's instructions.



Sometimes the centre can be loud.

I might hear:

- muffled noise from the lifeguard's radio
- unexpected announcements
- hair dryers
- water features splashing
- kids and people talking loudly

If it is too noisy, I can wear my ear defenders, earplugs or earmuffs.



The floor can be wet and slippery.

I will walk around the pool area.



I will enter the pool feet first using the steps or hoist. If I need to use the hoist, I must ask staff for assistance.

The water might feel cold.



There might be other people in the pool.

I will share the pool space and try not to splash others.

When swimming laps, I will pick the lane that suits me best and swim on the left side of the lane.



There is a café with food and drink.

I might smell food cooking from the café.



I can take a rest from the pool and sit or lay on the seating.



It is good for my health to be active.

Swimming at the pool can be fun.

---

## Feedback

Please share feedback on the social script via:

 [access@stonnington.vic.gov.au](mailto:access@stonnington.vic.gov.au)

 8290 1333

---

## Reconciliation Acknowledgement Statement

We acknowledge the City of Stonnington is situated on the Traditional Lands of the Wurundjeri Woi-wurrung and Bunurong peoples of the East Kulin Nations and pay our respect to their Elders past and present.

We extend that respect to all Aboriginal and Torres Strait Islander peoples. We acknowledge their living connection to Country, relationship with the land and all living things extending back tens of thousands of years.