

Stonnington Carers Forum



City of
STONNINGTON

It's OK to care for yourself when
you're caring for someone else.

Caring for someone can be complex, challenging and even stressful at times. Come along to our Carers Forum and learn about self-care and available support services.

Stonnington Carers Forum

10am-1pm, Thursday 5 September 2019

Malvern Town Hall, cnr Glenferrie Road and High Street, Malvern

Free event. Bookings essential:

T 8290 1333 or

E access@stonnington.vic.gov.au



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